

# Kenn and Kenton Federation

## Physical Education Statement of Intent

### **Intent: why have we designed our curriculum this way?**

Across the Kenn and Kenton Federation, we aim to provide a PE curriculum that enables all pupils, from Preschool to Year 6, to not only enjoy sports but also thrive in any physical activity. As a federation, we want our pupils to experience a range of activities that help them to develop their health, fitness and wellbeing.

We intend to offer a high-quality physical education curriculum that motivates all pupils to succeed and excel in sport and other physically-demanding activities. Our curriculum provides opportunities for all pupils to become physically confident in a way which supports their health, fitness and wellbeing. As a federation, we work alongside the very successful South Dartmoor School Sports Partnership who enable us to provide our children with opportunities to compete in sports festivals & festivals; which help us to embed values such as good sportsmanship, fairness and respect across both schools. The programme also provides our staff with regular quality sports and physical education training.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

### **Implementation: how do we carry it out?**

Children are taught regularly by both teaching staff and a sports instructor from Preschool to Year 6. The curriculum is further enhanced by our participation in numerous online and external sporting tournaments with other schools in our area and hosting sports clubs after school.

As a federation, we implement active lessons into our wider curriculum, to ensure children are staying active outside of their regular PE lessons. This involves incorporating active moments throughout our day and creating cross curricula connections with other subjects, such as PE & Science or PE & Maths etc. When exploring the cross curricula links between PE and other subjects, the children are not only exploring their understanding of PE but they are also developing their understanding of language and vocabulary. For example, teaching the children specific vocabulary that links with other subjects, such as Maths, is key to each lesson and skill that is being taught; therefore the children will be expanding their understanding and vocabulary of others subjects through a physical context or experience. Across the federation, we follow the national curriculum guidelines when delivering PE.

### **EYFS**

**As part of the EYFS statutory framework pupils are taught the following areas:**

**Physical development:** Children are given opportunities to actively develop their control, co-ordination and movement through daily “gross and fine motor skills” practice. Children are also taught the importance of how healthy food choices, and how these, alongside physical activity, can help us to lead a healthy lifestyle.

**Moving and handling:** Children are taught control and co-ordination when creating large and small movements. They learn to move confidently in a range of ways, safely negotiating space. Children are taught how to handle equipment and tools effectively.

**Health and self-care:** Children are taught the importance of good health through explanation of physical exercise, and a healthy diet. Children will be able to talk about and demonstrate ways to keep healthy and safe.

## **Key stage 1**

In Key stage 1 our children will develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

## **Key stage 2**

In Key Stage 2 our children will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## **Differentiation in Teaching**

Inclusion is very important to us at the Kenn and Kenton Federation and we ensure that all aspects of our Physical Education and Physical Activity can be accessed by all through differentiation of teaching and learning. Each lesson is adapted to challenge pupils and provide opportunity for children of all abilities to develop their skills, knowledge and understanding of each key area. In our PE lessons we adapt our practice to ensure that children with SEN or AEN are given the same opportunities to succeed as their peers. Additionally, we provide a number of interventions, on a group or 1:1 basis, to ensure that all children have the opportunity to achieve their full potential in their physical development. Likewise, children who excel in PE are given opportunities to widen their skills and practice at different levels.

## **Swimming**

Every pupil will have the opportunity to learn how to swim. These lessons take place in Years 3 & 4, over one term per year (2 terms of lessons in total).

## **Forest School**

Every year our children will have access to Forest School and Outdoor Learning where they will develop and foster a number of traits such as resilience, confidence and independence and develop motivation, co-operation, decision-making and social skills; all of which are important qualities for sports men and women to have.

## **Sports Coaching & School Sports Partnership**

As a federation we work closely with the *Dartmoor Schools Sports Partnership* and *Tyrell Sports Coaching and Education LTD* to ensure that our PE teaching is successful and exciting. Throughout the year, all of our children will have several opportunities to attend competitions, school clubs or sporting events where they will work with incredible sports coaches, who specialise and excel in a number of sports. During these events children will have the opportunity to compete against other schools and teams or have access to 1:1 skills support. Additionally, these partnerships and access to professional coaching allows our teachers to receive excellent training and mentoring, thereby ensuring the PE that is being delivered in our schools is of a high standard and quality.

### **Impact: how will we ensure our PE curriculum is successful?**

Overall, our aim is to create and deliver a PE curriculum that will impact our children greatly, with our priority being that all children develop their confidence and positive self-awareness. Our curriculum will allow children to acquire the knowledge, skills and understanding needed to make appropriate choices about their physical health and well-being. To ensure our curriculum is successful for all of our children, we will regularly assess our children against the national curriculum standards and collect this data through the Target Tracker and Pupil Progression. Additionally, the Subject Leader will regularly observe and monitor the teaching and learning of Physical Education and Physical Activity in school, to ensure that all of our children are given opportunities to succeed and achieve their full potential.