## PE Premium Funding for 2022-2023

## What is the PE and Sport Premium?

As stated by the DfE on www.gov.uk:

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The <u>school sport and activity action plan</u> sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day.

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools across the United Kingdom with a share of £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

How much was the grant that the Kenton Primary School received for the academic year of 2022 -2023?

Schools like Kenton Primary School have 17 or more eligible pupils in school therefore we receive £16,850 per school and an additional payment of £10 per pupil, so in total we received £17, 580.00. Throughout this academic year the money has been spent in the following ways to help make improvements with the development of health and fitness:

- Employing Andy Tyrrell from Tyrrell Sports:
  - Andy teaches PE one and half days a week and works with all of our children from Reception to Year 6. Additionally, Andy and other members of the *Tyrell Sports* team run subsidized, after-school clubs to increase participation and offer specialists sports such as football, tennis, archery and multi-skills. These clubs are inclusive of our pupil premium children and we offer them a free place at the after school clubs. The teachers also get to work closely with Andy, as part of their CPD, to upskill their teaching in PE and seek health, fitness and sporting advice for their Science, PSHE and PE lessons.
- Membership with the Dartmoor School Sport Partnership:
  - The Gold Partnership package with Dartmoor provides the children with a wide range of opportunities to compete in inter-school competitive and non-competitive sports festivals. These festivals are inclusive to all of our children and cater to all SEN requirements. As part of our package the schools have been able to work with Jack Baxter, a School Sport Co-ordinator, on a one-to-one basis to improve the delivery of our PE lessons, by observing his sessions and having him observe our own, and to deliver additional sports and sessions to our children. We have also been able to receive a full planning package, from Arena, to support staff in the planning and teaching of PE.
- Forest School with Gin Methley:
  - As part of our commitment to developing fitness, health and wellbeing in school the children get to experience outdoor learning through forest school sessions. We have access to Gin, a qualified Forest School Teacher, and a beautiful outdoor environment one day per week. The children travel to the woodland via a minibus and get to play, explore and take risks in an outdoor environment. Our Forest School sessions promote the holistic development of all our children and encourages them to be resilient, confident and independent.

Swimming with Teignbridge District Council:

As part of our commitment to the children and their wellbeing we took the whole of Key Stage 2 (Years 3 to 6) swimming at a local pool where the coaches either taught them how to swim or developed their swimming ability. As part of the recovery curriculum, following the COVID-19 pandemic, we decided to take the whole of Key Stage 2 swimming to ensure that no children missed the opportunity of learning how to swim. All of our children have developed in competency and able to swim and keep themselves safe in water.

## What other improvements have been made this year?

After purchasing the services from our sport and outdoor education providers we used the remainder of our funding to improve our children's lessons and play in the following ways:

- Purchasing new and additional pieces of equipment so the children were able to take part in group
  activities and have quality equipment to play with
- Offering a variety of sports clubs in school, such as running, skipping and cycling and purchasing the equipment needed to deliver those
- Purchasing a robust and purposeful PE curriculum, from PE Planning, that enables our children to practice a variety of sports and skills
- Purchasing ICT equipment to enhance the delivery and assessment of PE lessons and ensure our children are able to practice their ICT skills by recording their results and capturing videos of their performance

## What are the next steps for 2023/2024?

- Further develop other aspects of healthy living and imbed them into our curriculum (i.e. physical numeracy and literacy, Mental Health and Wellbeing sessions, cookery classes)
- Organise more CPD opportunities for Staff with Tyrell Sports, Dartmoor School Sport and Gin Methley,
   so the teachers feel confident in teaching a variety of sports/skills in their lessons
- Introduce and deliver a variety of sports and wellbeing clubs, so the children are able to experience
  new sports and skills they may not have tried before (i.e. golf, running, cycling, yoga, chess etc.) and
  learn how to keep themselves physically and mentally healthy (i.e. cooking club using produce grown
  by the pupils, meditation and mindfulness.
- To continue training our play leaders, in both schools, so they can successfully organise games and activities for the children to take part in at lunchtimes

For an in-depth plan for PE moving forward please see our Physical Education Action Plan for 2023/2024