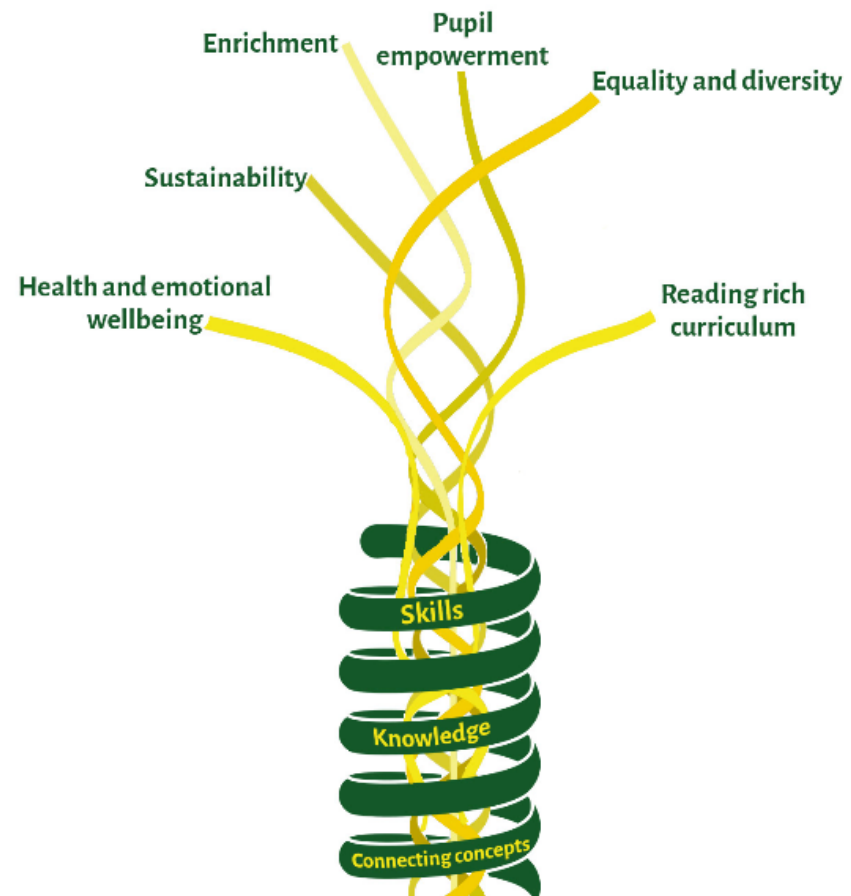




PSHE at Kenton Primary School



Our Golden Threads



PSHE Intent

We provide a whole school PSHE curriculum that builds foundations of health and wellbeing, providing crucial skills and positive attitudes to enable children to achieve their best potential, academically and socially. We want our children to develop and deepen their personal, social, emotional development in ways that are tailored to their age group, whilst also expanding on their previous knowledge as they progress through the school.

Our intention is for our children to learn about themselves as developing individuals and as members of their communities, building on their own experiences and experiences of others. We provide a safe space for the children to learn PSHE, providing them with the ability to make safe and informed choices, taking responsibility for their actions, respecting and valuing difference and being the best that they can be. Children will learn to show acceptance of others regardless of their background, religion, race, gender or sexuality, and develop their understanding of others. It is our aim to help our pupils to learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

PSHE Implementation

- At Kenton we follow the SCARF PSHE program, which is a whole school approach that provides a scheme of learning from the Early Years Foundation Stage through to, and including, Year 6.
- SCARF, standing for Safety, Caring, Achievement, Resilience and Friendship is mapped to the PSHE Association programmes of study. It is centred on a values based, 'Growth Mindset' approach and is divided into six half- termly units. The units are tailored to each year group under the following themes:

- o Being my Best,
- o Me and my Relationships,
- o Keeping Myself Safe,
- o Valuing Difference,
- o Growing and Changing,
- o Rights and Responsibilities.

The units are taught through a spiral curriculum, being explored in greater depth and resources being tailored to each age group.

- Every teacher has access to SCARF online resources, which include lesson plans and additional resources for use/ amendment. This is including additional issues that may arise in classrooms regarding certain topics.
- Children have the opportunity to attend the Life Education Bus to motivate the children's learning and enjoyment of PSHE, a Buzz Point of the curriculum.
- We embed our school values, promoted throughout the curriculum wherever possible of; respect, responsibility, Kindness and resilience. The British Values are also embedded throughout the curriculum where possible. The values play a key part within our collective worship focuses each term.
- As well as using the SCARF scheme, we also use assemblies to discuss matters such as 'random acts of kindness', anti-bullying, e-safety, wellbeing etc.

PSHE Impact

- A meaningful PSHE curriculum supports to children becoming happier, positive about school life as a whole, have a better understanding of rules and responsibilities, being enabled to handle setbacks and disagreements.
- Children have a safe space in which to discuss their feelings, opinions and develop their emotional intelligence.
- Teachers use informal assessment tools to review how the children are progressing within each area of PSHE learning. times, discussions, focus questions, independent tasks.
- Children recognise and understand the school values and the fundamental British values.
- Children demonstrate a healthy outlook towards school and demonstrate positive behaviour because they understand that they have a responsibility for their own actions and how they affect others.

Meeting the needs of our disadvantaged children, including Children Looked After, those eligible for 2 Pupil Premium funding and those with SEND

PSHE removes barriers to learning through its personal thinking and reflection alongside range of learning outcomes from verbal discussion to role play and drawing. Learning is recorded on Seesaw and formative and summative assessments are made against the curriculum objectives through SCARF assessment statements, observation, and recorded evidence. Children are encouraged to be independent in their learning and to have a drive to do well.

Adaptations are not made to what is being taught, but they are made to the ways in which teachers deliver content and provide scaffolding for individuals through pre-teaching of vocabulary, flexible grouping structures and opportunities for both paired and group talk to build confidence, . Teachers have high aspirations for all pupils and any barriers to learning are identified and addressed at the outset.

PSHE and wellbeing long-term plan based on SCARF half-termly units and related key themes
(Units include lesson plans that cover all the DfE statutory requirements for Relationships Education and Health Education)

Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS	What makes me special People close to me Getting help Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-3-5-years	Similarities and difference Celebrating difference Showing kindness Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-3-5-years	Keeping my body safe Safe secrets and touches People who help to keep us safe Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-3-5-years	Looking after things: friends, environment, money Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-3-5-years	Keeping by body healthy – food, exercise, sleep Growth Mindset Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-3-5-years	Cycles Life stages Girls and boys – similarities and difference Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing
Y1	Feelings Getting help Classroom rules Special people Being a good friend Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-5-7-years	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-5-7-years	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-5-7-years	Taking care of things: Myself My money My environment Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-5-7-years	Growth Mindset Healthy eating Hygiene and health Cooperation Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-5-7-years	Getting help Becoming independent My body parts Taking care of self and others Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing

		home/valuing-difference-5-7-years	home/keeping-myself-safe-5-7-years			
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-5-7-years	Being kind and helping others Celebrating difference People who help us Listening Skills Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-5-7-years	Safe and unsafe secrets Appropriate touch Medicine safety Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-5-7-years	Cooperation Self-regulation Online safety Looking after money – saving and spending Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-5-7-years	Growth Mindset Looking after my body Hygiene and health Exercise and sleep Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-5-7-years	Life cycles Dealing with loss Being supportive Growing and changing Privacy Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing
Y3	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-7-9-years	Recognising and respecting diversity Being respectful and tolerant My community Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-7-9-years	Managing risk Decision-making skills Drugs and their risks Staying safe online Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-7-9-years	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-7-9-years	Keeping myself healthy and well Celebrating and developing my skills Developing empathy Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-7-9-years	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing
Y4	Healthy relationships Listening to feelings Bullying Assertive skills Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-7-9-years	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-7-9-years	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-7-9-years	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-7-9-years	Having choices and making decisions about my health Taking care of my environment My skills and interests Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-7-9-years	Body changes during puberty Managing difficult feelings Relationships including marriage Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing

		home/valuing-difference-7-9-years	mily-scarf/scarf-at-home/keeping-myself-safe-7-9-years	y-scarf/scarf-at-home/rights-and-responsibilities-7-9-years	mily-scarf/scarf-at-home/being-my-best-7-9-years	home/growing-and-changing
Y5	<p>Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-9-11-years</p>	<p>Recognising and celebrating difference, including religions and cultural Influence and pressure of social media</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-9-11-years</p>	<p>Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-9-11-years</p>	<p>Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-9-11-years</p>	<p>Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-7-9-years</p>	<p>Managing difficult feelings Managing change How my feelings help keeping safe Getting help</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing</p>
Y6	<p>Assertiveness Cooperation Safe/unsafe touches Positive relationships</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships-9-11-years</p>	<p>Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-9-11-years</p>	<p>Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe-9-11-years</p>	<p>Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities-9-11-years</p>	<p>Aspirations and goal setting Managing risk Looking after my mental health</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best-7-9-years</p>	<p>Coping with changes Keeping safe Body Image Sex education Self-esteem</p> <p>Activities to do at home: https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing</p>

